ID	Organization	Project Title	Main Priority	Short Project Description	Geographic Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8422	Canaan Project	Canaan Project - Isle of Dogs	Increase access to Youth Services	Canaan Project provides activities for young women aged 11-19 on the Isle of Dogs. Working with George Green's school and Café Forever we offer activities including cooking, craft, sports, and inspirational workshops at our weekly lunch and after school clubs as well as opportunities to join us for regular trips.	Island Gardens Canary Wharf Blackwall and Cubitt Town	28,810	104,111
8378	Half Moon Young People's Theatre	Professional Theatre and Inclusive Participatory Drama for Young People	Increase access to Youth Services	Professional theatre shows and inclusive participatory drama opportunities in an accessible and welcoming venue. The activity is for children and young people from 0-18 (or 25 for disabled young people) from all backgrounds and abilities from across Tower Hamlets, providing free access support to anyone who needs it.	Borough wide	38,213	133,746
8319	Newark Youth London	Girls in Action	Increase access to Youth Services	Our project aims to increase access to regular youth services by girls and young women so they develop their confidence and lifeskills; make them resilient and enable them to participate in a six month social action project and other learning opportunities so they develop their leadership, communication and organisational skills.	Borough wide Limehouse Shadwell Whitechapel Stepney Green St Dunstan's	20,181	70,634
8310	Osmani Trust	Family Mentoring Project (FMP) ' Early Help	Provision of Early Help support to families	Our project aims to provide through family mentoring a range of Early Help support to children, young people and their families to help them overcome their immediate challenges and meet their needs in order for them to thrive in healthy and safe families.	Borough wide	36,000	126,000
8248	St Hilda's East Community Centre	St. Hilda's Girls Driven Project	Increase access to Youth Services	St. Hilda's Girls Driven Project is an inspirational initiative designed to support, inspire, drive girls and young women to reach their full potential and realise their authentic ambitious life goals. Enhance core skills, confidence, grit, motivation, equality and leadership by building on current and long heritage of successful girls work.	Weavers Bethnal Green	16,464	57,624

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8242	Stifford Centre	Stifford Young Girl's	Increase access to	The Project will run a Young Girl's Club that will offer	St Katherine's and	14,564	50,974
	Limited	Project	Youth Services	disadvantaged young girls a safe space in which they	WappingShadwell		
				can socialise, participate in a range of activities that	WhitechapelStep		
				encourage their wellbeing, improve confidence and	ney GreenSt		
				learn skills that are useful for their future	Dunstan's		
				development.			
8140	The Yard Theatre	Tower Hamlets Teens	Increase access to	Free, fortnightly youth leadership workshops, weekly	Borough wide	36,913	129,196
	Ltd		Youth Services	drama workshops, summer masterclasses, and	Bow West		
				schools performances for Tower Hamlets teenagers.	Bow East		
				Delivered at Tower Hamlets assets, Hub67, The Yard,			
				and local schools, it increases access to youth			
				services, improves participants' health and wellbeing			
				through cultural activities, and supports community			
				cohesion through public events.			
						191,145	672,285

#### Theme 1 - Scheme B: Older People

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8071	Age UK East London	Friend at Home	Ageing well and reducing social isolation	Matching housebound older people who would like a bit more company at home with volunteers who would like to share an enjoyable hour or two of conversation and company with them.	Borough wide	63,105	220,866
8130	Age UK East London	Caxton Hall, a dynamic activity centre led by older people for the whole community.	All in scheme	Caxton Hall is a dynamic activity centre led by older people. Come and enjoy a warm welcome, healthy snacks at our cafe, meet your neighbours and connect to others young and old in your community.	Mile End Bromley South Bromley North Bow West Bow East	73,740	258,090
8420	Community of Refugees from Vietnam - East London	Vietnamese and Chinese Lunch and Social Club	Ageing well and reducing social isolation	The Vietnamese and Chinese Lunch and Social Club project provides healthy lunches and social and health promotion activities for people aged over 50, from the Vietnamese and Chinese community in Tower Hamlets. The Club meets every Monday and Thursday at St. Nicholas Church, Aberfeldy Street in Poplar.	Borough wide	34,728	114,548

8403	East London Out Project	Tower Hamlets LGBT Support	includes priorities from other schemes in this theme	LGBT Community Support to enhance peer networks, lessen isolation and provide mental health crisis prevention support. Two facilitated social support groups, for older people, people with mental health needs or other disabilities, Individual mental health crisis prevention support provided. LGBT training available to other organisations.	Borough wide	27,618	96,661
8147	St Hilda's East Community Centre	Older People's 'Feeling Good!' Wellbeing Project	All in scheme	'Feeling Good!' wellbeing project is based in Weavers Ward and open to older people from throughout the Borough, Monday-Friday. Providing nutritious lunches, it is more than an ordinary Lunch Club, providing invigorating opportunities from indoor sport, IT learning, singing, art, intergenerational activities with schoolchildren, outings and quizzes, and much more!	Borough wide Weavers	30,000	105,000
8138	Tower Hamlets Friends and Neighbours	Older Peoples Befriending Project	Ageing well and reducing social isolation	THFN will be providing befriending and advocacy services to older people in the borough. Our team of befriender advocates will provide regular one to one support to people in their own homes and assist with making appointments and help in accessing services, as well as organising small group outings locally.	Borough wide	50,000	175,000
8205	Toynbee Hall	The Wellbeing Centre at Toynbee Hall	Provision of physical and health-promotion activities for older people	This project will offer holistic relational support to older people aged 50+ in Tower Hamlets. It aims to make Toynbee Hall's existing provision at our Wellbeing Centre more inclusive and responsive to needs and to build stronger networks of information sharing and peer-support between users and those not accessing services.	Spitalfields and Banglatown	41,414	144,949
						320,605	1,115,114

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ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8104	Globe Community Project	Take Back Your Life	Residents better informed/equipped to manage health conditions	A mindfulness-based pain management programme, addressing chronic pain/illness, related social isolation and inactivity. Designed for Tower Hamlets residents with potentially lower language, literacy and income levels and/or from hard to reach groups. Based on the award-winning book: 'Mindfulness for Health' and delivered by experienced, fully accredited Breathworks trainers.	Mile End Bow West Bow East Bethnal Green	28,047	98,165
8289	Real DPO Ltd	Taking control of your life	Residents better informed/equipped to manage health conditions	The "Taking control of your life' project delivers creative support planning support alongside a userled co-production group harnessing the views of people with lived experience of disability. This project maximises independence, supporting people to make decisions on how they want to fulfil their ambitions and also help 'change the system'.	Borough wide	62,490	218,714
						90,537	316,879
Them	 e 1 - Scheme D: He	 ealthy living and health	 nv choices				
ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8333	London Tigers	Exercise for health: BAME women, children and young people	All in scheme	Exercise for health project delivers a series of sports, physical activities and health-related workshops for women, young people and children to make positive	Blackwall and Cubitt Town Bromley North	42,740	149,590

choices about their health and wellbeing. It will

and develop healthier habits for life.

provide pathways to stay involved, excel in sports,

Whitechapel

St Dunstan's Weavers

Stepney Green

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8322	MUDCHUTE ASSOCIATION	Playing out at Mudchute	Increased engagement in physical activity	We will use Mudchute's unique natural facilities to provide a range of freely chosen play opportunities in a safe, stimulating environment. Enabling children access to participate in freely chosen, innovative leisure and sporting activities will promote; exercise, healthy eating, social and life skills through the process of 'Learning through Play'	Borough wide Canary Wharf	20,000	70,000
8320	Newark Youth London	Healthy-Active- Together (HeAT)	Increased engagement in physical activity	The Healthy-Active-Together (HeAT) project will offer a wide range of sports and physical activities across the borough with the objective of engaging inactive young people (10 to 25) and their families in regular sports and physical activities to improve health and wellbeing, and reduce isolation and exclusion.	Borough wide Limehouse Shadwell Whitechapel Stepney Green St Peter's Bethnal Green	28,114	98,399
8235	STIFFORD CENTRE LIMITED partnership with 1. Stepney City Farm 2. Shadwell Basin Outdoor Activity Centre 3. Bangladesh Youth Movement 4. Wapping Bangladesh Association 5. Dorset Community Association 6. Black Women's Health and Family Support	Healthy Lifestyle Partnership Programme	Increased engagement in physical activity	A free membership health club with over 20 different classes and groups per week brought to you by seven different organisations working together. Build points, beat your personal best and feel your health improve. Health Club is suitable for all ages, and participants will design the activity program alongside providers.	St Katherine's and Wapping Shadwell Whitechapel Stepney Green St Dunstan's Spitalfields and Banglatown Weavers Bethnal Green	80,027	280,095

8226	The Bangladesh Youth Movement (BYM)	'Live Healthy ' Enjoy Life' [the Female Health & Development Project]	All in scheme	'Live Healthy ' Enjoy Life' will operate from BYM's Women's Centre providing proactive and responsive health development activities which ensure excluded BAMER women develop healthy lives and manage their own physical and mental health; peer volunteer befriending and development of social networks will alleviate isolation and facilitate inclusion.	Borough wide St Katherine's and Wapping Shadwell Whitechapel Stepney Green St Dunstan's Spitalfields and Banglatown St Peter's	21,542	75,397
8217	The Royal Society for Blind Children	Live Active, Live Well Tower Hamlets	Increased engagement in physical activity	Live Active, Live Well Tower Hamlets will enable 60 blind and partially sighted young people aged 8-25 to gain the confidence and motivation to participate in physical activities and inform their ability to make healthier choices over the next three years.	Borough wide	18,132	63,463
						210,555	736,944

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8246	St Hilda's East Community Centre	St. Hilda's Surjamuki Disabled Youth Project	People suffering with mental health issues are better supported	Surjamuki disabled youth project supports young people with learning and physical disabilities across Tower Hamlets, offering a range of educational and recreational opportunities and free wheelchair accessible minibus transport.	Borough wide	12,923	45,231
8365	ICM Foundation CIC	CORE Projects Get Active Newspaper - Promoting Healthy and Active Lifestyles	All in scheme	From October 2019 to March 2023, 20 people with learning disabilities aged 18+ from Tower Hamlets will work in partnership with ICM Foundation. Three times each year we will design and deliver 5000 accessible newspapers, on the theme of health and wellbeing, distributed to communities that reflects the borough's diversity.	Borough wide	13,129	45,952
8186	Woman's Trust	Therapeutic Support Groups for women affected by Domestic Abuse	People suffering with mental health issues are better supported	Our Therapeutic Support Groups provide a safe, moderated space for female survivors of domestic abuse to share experiences and support each other. Groups help women to recover their mental health by reducing isolation, learning from shared experiences, being empowered by supporting others and thereby gaining confidence and independence.	Borough wide	19,279	67,478
8414	deafPLUS	Improving Health and Wellbeing for Deaf and Hard of Hearing people in Tower Hamlets	Improved health outcomes for disabled people	A borough wide health and wellbeing project that will address health inequalities, loneliness and isolation, mental health issues and barriers to employment, lack of confidence and self-esteem by bringing deaf and hard of hearing people together across communities.	Borough wide	45,214	158,249
8151	Working Well Trust	Upskill	People suffering with mental health issues are better supported	Improve the wellbeing of people with lived experience of mental health by supporting them to achieve their goals by accessing new opportunities and including support from their peer, enabling to reconnect with the local community.	Borough wide	108,485	379,698
						199,030	696,608

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8116	Wapping Bangladesh Association	Digital First	Access to ICT support and training for older people	Digital First will engage socially isolated BME older adults aged 55+ but not exclusively living in Wapping and Shadwell, who are not computer literate and are digitally excluded. The Project will deliver ICT and Internet training that will help older adults to cope with facing key life transitions or challenges.	St Katherine's and Wapping Shadwell Whitechapel	4,715	16,503
8344	Limehouse Project	DigiTIES	Access to ICT support and training for older people	The aim of DigiTIES workshops is to prevent digital exclusion in older adults in order to prevent social isolation and increase their ability to access online health related support. The content of the workshop includes how to use social media, managing email accounts, and accessing online health related support services.	Limehouse Lansbury Mile End Stepney Green St Dunstan's	19,999	62,297
8316	Newham New Deal Partnership	@online club network ' Tower Hamlets	Access to ICT support and training for older people	@online club network will build the confidence of older residents (over 50s) to go online using tablet devices, learning in small friendly groups, through taster sessions and eight-week or longer programmes of practical activities based on the needs and interests of participants.	Borough wide	19,520	68,320
						44,234	147,120
Schen	ne B: Online Safety	T	T		T	Ι	Ι
ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8111	SocietyLinks Tower Hamlets	E-Safety Champions	Children/ young people safety online	The E-Safety Champions project will train local women to become 'champions' for e-safety in the community. Weekly workshops will cover all areas of online safety. Once trained, our champions will go into schools and community groups to spread their knowledge to young people and parents/carers through presentations and workshops	Whitechapel	5,798	20,293

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8251	Sporting Foundation	Building Digital Resilience	Children/ young people safety online	Sporting Foundation will build the digital resilience of children and young people and raise the awareness of online safety with parents so that as families they are safe from risk and able to utilise digital resources and managed effectively and reduces harm.	Borough wide	8,803	30,811
						14,601	51,104

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8407	East End Citizens Advice Bureaux partnership with 1. Account3 Ltd 2. Age UK East London 3. Bromley By Bow Centre 4. deafPLUS Breakthrough Deaf Hearing Integration 5. Island Advice Centre 6. Legal Advice Centre (University House) 7. Limehouse Project 8. Praxis Community Projects 9. St Hilda's East 10. St Peter's Bengali Association 11. Tower Hamlets Law Centre 12. Toynbee	Advice Tower Hamlets	Provision of Social Welfare Advice	Advice Tower Hamlets provides free, confidential, independent, quality-assured advice services to help Tower Hamlets residents resolve the problems they face, including welfare benefits, housing, money/debt, employment, immigration, consumer, education, community care, family, personal issues. This service is led by Citizens Advice Tower Hamlets, in partnership with twelve local advice agencies.	Borough wide	924,102	3,234,357
8082	Island Advice Centre partnership with THCAN	Tower Hamlets Advice Training and Capacity Building Project	Provision of Social Welfare Advice	The project improves capacity, training, quality and access to the boroughs advice services. We will develop coordination and cooperation between advice and other sectors providing: recruitment and training for volunteers, facilitation of the THCAN network, updated website of advice provision and information / factsheets, coordination of meetings, delivering formal training.	Borough wide	50,000	175,000
					+	974,102	3,409,357

#### Appendix F

# Theme 4 - Scheme A: Developing and embedding good practice in the work place for people with disabilities, learning difficulties and physical and mental health barriers to work

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8290	Real DPO Ltd partnership with deafPLUS Breakthrough Deaf Hearing Integration Evenbreak Legal Advice Centre (University House) PurpleSpace Ltd	NOW and THEN	Promoting ethical employer practices to focus on improving employment and progression opportunities for disadvantaged people	An holistic package of services, underpinned by coproduction, to support Tower Hamlets companies develop the confidence and capacity to be excellent employers of disabled people, and increase levels of employment amongst them. The project creates communities of current and potential workers, and employers, to drive positive change.	Borough wide	115,923	405,729
						115,923	405,729

#### Theme 4 - Scheme B: Reducing barriers to employment for disadvantaged groups

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8342	Limehouse Project	Developing Potential	Reducing barriers to employment for disadvantaged groups	Developing Potential is an integrated programme of personal skills development designed to enable women to make informed choices on their futures, supporting them into training, volunteering and work. This project will link with the existing provision and act as a progression route forwards new opportunities for women in Tower Hamlets	PoplarLimehouse LansburyMile EndBow WestBow EastWhitechapelS tepney GreenSt Dunstan'sBethnal Green	50,295	176,033
8171	SocietyLinks Tower Hamlets	Job Club	Reducing barriers to employment for disadvantaged groups	This project will deliver two weekly job club sessions Mondays and Wednesdays 9-12 pm run by our experienced employment support worker. The sessions will include access to computers and tailored employment support with creating a CV, accessing emails, job searching, applications and using Universal Job Match.	Whitechapel	15,296	53,536

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8240	STIFFORD CENTRE	BAME Women's	Reducing barriers	This project will run a training programme to help	St Katherine's and	30,378	106,323
	LIMITED	Employment Support	to employment for	long-term unemployed and economically inactive,	Wapping		
		Programme	disadvantaged	isolated and disenfranchised BAME women and	Shadwell		
			groups	improve their job prospects. The focus is on carers	Whitechapel		
				and single parents of Bengali, Somali and BAME	Stepney Green		
				heritage with limited English language, confidence	St Dunstan's		
				and secondary education for community learning.	Spitalfields and		
					Banglatown		
					Bethnal Green		
8149	St Giles Trust	Choices Tower Hamlets	Employment skills for vulnerable young people who are NEET	We will support NEET Young people who are facing multiple disadvantages to access education, skills development and employment. The project will deliver credible, consistent and holistic work via individualised one-to-one support, supporting the young person to address and overcome barriers to raise their aspirations and towards reaching their	Borough wide	56,800	198,800
				potential.		152.760	F24 C02
	4.61.66					152,769	534,692

# Theme 4 - Scheme C: Support focused on increasing access to art and cultural industries

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8424	The Bromley by Bow Centre	Creative Communities	Support focused on increasing access to art and cultural industries	Our project will equip at least 180 people from under-represented communities to increase their participation and readiness for employment in the creative sector. We will do this through a flexible community-based programme of engagement, needs assessment, practical group work and 1:1s, combining personal and core skills development, with individual support.	Poplar Lansbury Mile End Bromley South Bromley North Bow West Bow East	57,782	202,237
8392	Four Corners Ltd	ZOOM Film School	Support focused on increasing access to art and cultural industries	ZOOM Film School will work with 90 disadvantaged residents 'particularly BAME communities, women and people with disabilities ' to nurture their creative talent, increase confidence and self-esteem, and enable them to acquire the practical skills, experience, and industry knowledge needed to move into work in the creative industries.	Borough wide Spitalfields and Banglatown Weavers St Peter's Bethnal Green	81,373	284,806

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8357	Auto Italia South East	Learning Live	Support focused on increasing access to art and cultural industries	Learning Live! is a training and mentoring programme designed to support young people in Tower Hamlets progression into higher education courses, with the aim to aim to increase access into the art and cultural industries.	Borough wide	11,000	38,500
8329	Magic Me	Artworks	Support focused on increasing access to art and cultural industries	Artworks is a new traineeship delivered by arts charity Magic Me, identifying and supporting talented Tower Hamlets Residents from BAME and working class backgrounds to gain the knowledge, skills and confidence to access careers in community arts coordination and producing.	Borough wide	27,596	96,586
						177,751	622,129

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8360	Kazzum Arts	Build	Reduction in the exploitation of children and young people, and vulnerable groups	Build will support young people excluded from mainstream education, currently educated at a pupil referral unit (PRU) in Tower Hamlets. Students in this setting are at risk of exploitation and coercion into criminal activity. Through a programme of creative activities our project will develop confidence, emotional literacy and interpersonal skills.	Bethnal Green	21,184	63,552
8312	Osmani Trust	Schools and Community Resilience Programme	Reduction in the exploitation of children and young people, and vulnerable groups	This proposal seeks to:1. transform and change the attitudes and behaviour of secondary school children; improving their confidence, critical thinking skills and emotional intelligence.2. Deliver a peer programme engaging young people as ambassadors to their peers, changes attitude, promotes understanding, increase community cohesion and ultimately empowers young people.	Borough wide	35,955	125,843
8231	Streets of Growth	Resilient Young Leaders Programme	Reduction in the exploitation of children and young people, and vulnerable groups	The Resilient Young Leaders Programme is an innovative, impactful initiative led by and for young people (15-19 years) to enable young people to build skills and capacity to feel safe, confident, and responsible when demonstrating the community safety and positive change they want to see in their neighbourhoods.	Borough wide	25,816	90,356
Them	e 5 - Scheme B: Im	nproving the perception	n of young people	in the community			
ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8393	Four Corners Ltd	Into Focus photography project	Improving the perception of young people in the community	Into Focus offers an intergenerational photography project for 24 people each year (12 young people aged 14-25 years and 12 over-50s). Groups will create work for a final exhibition, focusing on social perceptions and misconceptions between older and younger people to promote positive attitudes and increasing mutual understanding.	Borough wide Poplar Lansbury Bow West Bow East Shadwell Stepney Green	16,584	58,044

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8354	Leaders in	Project Connect	Improving the	A group of young people recruited by LiC will	Borough wide	19,540	68,391
	Community		perception of	collaborate with older people to design a			
			young people in the	programme of activities and celebrations, which			
			community	enable long-term social connections to be made, and			
				ideas and points of view to be exchanged. The			
				outcomes of the activities will be shared with the			
				wider community.			
						36,124	126,435

#### Theme 5 - Scheme C: Services for people affected by domestic violence or other unsafe circumstances

ID	Organization	Project Title	Main Priority	Short Project Description	Geographical Area Served	Recommend (Annual amount)	Recommend (Total 42 months)
8374	Hestia Housing and Support partnership with Nour	Families Safe and Secure in Tower Hamlets	Services for people affected by domestic violence	This project will support families who have experienced DVSA and who are living in a local refuge to address the trauma they've faced and to learn about what a healthy relationship looks like. It will also raise awareness amongst the Tower Hamlets community of DVSA and how to report it.	Borough wide	23,100	80,850
8331	Look Ahead Care and Support	Domestic Abuse Children's Worker	Services for people affected by domestic violence	A specialist Domestic Abuse Children's Worker to support children who are vulnerable due to early exposure to domestic abuse. Providing emotional support through age appropriate engagement, e.g. play, to address challenges faced by children living at our LBTH Domestic Abuse Service and in the community.	Borough wide	40,521	141,825
						63,621	222,675